



Estimated monthly cost of living guide for living in Israel's peripheral regions (North, South and smaller communities):

Housing	High Standard Family	Basic Standard Family	Single Person
Rent Average	5,000 – 6,500 ₪	3,500 – 4,500 ₪	2,000 – 3,000 ₪
Arnona (municipal rates)	700 ₪	600 ₪	300 ₪
Insurance	150 ₪	150 ₪	100 ₪
Va'ad Bayit (levies)	300 ₪	200 ₪	150 ₪
Total Housing	6,150 – 7,650 ₪	4,450 – 5,450 ₪	2,550 – 3,550 ₪

Travel	High Standard Family	Basic Standard Family	Single Person
Monthly Bus Pass	600 ₪	300 ₪	250 ₪
Car License Fees	600 ₪	400 ₪	250 ₪
Petrol	1,000 ₪	600 ₪	500 ₪
Insurance	700 ₪	550 ₪	550 ₪
Total Travel	2,900 ₪	1,850 ₪	1,550 ₪

Bills	High Standard Family	Basic Standard Family	Single Person
Electricity	700 ₪	500 ₪	200 ₪
Gas	100 ₪	75 ₪	50 ₪
Water	250 ₪	150 ₪	50 ₪
Cell Phone	250 ₪	200 ₪	100 ₪
Cable TV	300 ₪	200 ₪	100 ₪
Internet	150 ₪	150 ₪	100 ₪
Total Bills	1,750 ₪	1,275 ₪	600 ₪

Other	High Standard Family	Basic Standard Family	Single Person
Food/Supermarket	6,000 ₪	4,500 ₪	2,000 ₪
Private Nursery < age 3yrs	3,500 ₪	2,800 ₪	
After School Care > age 3yrs	800 ₪	800 ₪	
School books, Activities	250 ₪	150 ₪	
Sports/After School Activity	400 ₪	300 ₪	
National Insurance (Bituach Leumi)	% of salary	% of salary	% of salary
Medical Aid/Kupat Cholim	300 ₪	200 ₪	100 ₪
Total Other	10,950 ₪	8,750 ₪	2,000 ₪

Overall Total	21,750 – 23,250 ₪	16,325 – 17,325 ₪	6,700 – 7,700 ₪
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High Standard Family: 2 adults, 2 children, living in an upscale area, car.

Basic Standard Family: 2 adults, 2 children, car.

Single: Studio or sharing with 2 flatmates, car.